

GRAN CAFÉ WILMSLOW

Wellness Wednesdays

Pilates & Dinner

HEALTH SHOT ON ARRIVAL

GINGER & LEMON ZING

Fresh ginger, lemon juice, honey, dash of cayenne. Immune-boosting, energising, and a real wake-up shot.

BEET & BERRY BOOST

Beetroot, strawberry, apple, and a squeeze of lime. Great for circulation and adds a sweet twist.

ONE COURSE DINNER

CHICKEN CAESAR SALAD

Charcoal grilled chicken strips, gem lettuce, parmesan, Caesar dressing, cured ham crumbs & focaccia croutons.

TUNA NICOISE

Seared tuna saku, baby spinach, boiled new potatoes and egg, green beans, sweet cherry tomatoes, Kalamata olives and Dijon mustard vinaigrette

GOATS' CHEESE SALAD

Grilled goats' cheese, wild rocket salad with roasted sweet potatoes and beetroots, cashew nuts, pomegranate seed dressing

PENNE PICCANTI

Pasta tubes in spicy tomato sauce with Calabrese and 'Nduja salami, cherry tomatoes, fresh basil

RISOTTO CON ZUCCA E TARTUFO

Arborio risotto with butternut squash and parmesan puree, truffles & crème fraîche

RUNWAY™
PILATES

cibo

GRAN CAFÉ

Gluten free and vegan options available on request. Full allergen menus available on request. If you suffer from nut or other allergies, please ask your server for more information. All of our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used. We cannot guarantee our dishes will be free from traces of these products therefore we cannot accept any liability in this respect. Olives may contain stones. Chicken, fish and duck dishes may contain bones. All prices include VAT at the current rate. All weights provided are average weight before cooking. Service charge not included in ticket price.

 Vegetarian  Vegan  Gluten-free